

## Lunch Specials

Monday, September 6<sup>th</sup>, 2010

The Vanilla Bean Café

860-928-1562

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**~ Asian Tuna Wrap** **10**  
Pan seared sushi grade tuna wrapped in a flour tortilla with avocado, mixed greens, cucumber, shredded carrot, greens and sprouts with a spicy Asian Siracha mayo – with kettle chips and pickle

**~ Turkey, Apple & Aged Cheddar Sandwich** **10**  
Our organic roasted turkey layered with sliced apples, aged cheddar, lettuce and red onion on multigrain bread with honey mustard – with kettle chips and pickle

**~ Grilled Steak Caesar** **10**  
Grilled steak over crisp romaine with garlic croutons, Parmesan cheese, our Caesar dressing and lemon

**~ Fruit & Goat Cheese Salad** **9.5**  
Fresh peaches, plums, strawberries, red onion, cucumbers, goat cheese, and walnuts over a bed of baby spinach with our Chianti Italian dressing

**~ Heirloom Tomato & Aged Cheddar Sandwich** **9.5**  
Local heirloom tomatoes, (Shelburne Farms, VT) aged cheddar cheese, basil pesto, mayonnaise, lettuce, & on toasted multigrain bread with chips and a pickle

**~ Heirloom Tomato Salad** **9.5**  
Local heirloom tomatoes with fresh mozzarella cheese, and grilled asparagus over mixed greens with balsamic vinaigrette and grilled foccacia bread

**~ Pulled Chicken & Avocado Wrap** **9.5**  
Roasted pulled chicken rolled in a flour tortilla with avocado, lettuce, tomato & chipotle mayonnaise – served with BBQ kettle chips and pickle

**~ Smokey Joe Burger** **9.5**  
Our house burger topped with melted smoked gruyere cheese on a seeded bun with lettuce, tomato, and onion, served with BBQ sauce, kettle chips and pickle

### Quiche of the Day

**Quiche Lorraine 9.5**

...served with fresh fruit & a side Cucumber Salad with onions, tomato and house ranch dressing

### Soups of the Day

New England Clam Chowder

Tomato Florentine

Chicken Szechuan

Gazpacho

Chilled Summer Berry