

ESTABLISHED 1989

## the vanilla bean



menu

### about our café . . .

Located in a restored, early 19th century barn in scenic Pomfret, Connecticut, The Vanilla Bean Café is owned and operated by the Jessurun Family: Barry and Brian, with occasional appearances by and help from the rest of the family.

When we opened our café our philosophy was simple: Create a place where we would feel comfortable and serve food that we would enjoy eating—if we wouldn't eat it, we certainly wouldn't serve it.

Homemade soups, sandwiches and light dinners comprise our basic menu, but daily specials made with creativity, imagination and seasonal ingredients, spice up the menu. We offer baked goods, such as muffins, bagels, brownies, and cookies—and don't miss our decadent desserts.

Our goal is to serve you good homemade food, in a comfortable, casual atmosphere. As Eileen Jessurun told a customer, "We provide comfort foods in a comfortable place."\*

We hope that you enjoy our establishment and will come back and see us again soon.

### THE JESSURUN FAMILY

### about our catering...

We would love to cater your next event—please ask for a catering menu.



## morning at the Bean

**COFFEE\***  
To-go / In-house bottomless \$2.00 / \$2.50

### TEA

Regular and Herbal \$2.50

### JUICES

Cranberry, V8, Apple, Grapefruit and Orange \$3.00

### WAKE UP WITH . . .

Espresso \$2.50

Cappuccino \$3.00

Mocha \$3.50

Latte \$3.00

Flavored Latte \$3.25

Vanilla, Hazelnut, Caramel

Hot Chocolate \$2.75

Chai (chocolate, vanilla or spiced) \$3.00

### BAKED GOODS (WHILE THEY LAST)

Muffins \$2.25

Bagels \$2.00

with cream cheese \$2.50

with peanut butter \$2.50

with cream cheese, smoked salmon, lettuce, tomato, sprouts and red onion \$11.00

Cinnamon Buns \$2.50

Fresh Squeezed O.J. \$3.25 / \$4.25

8 oz. / 16 oz.

### BEVERAGES

Ginger Lemonade \$3.00

Iced Tea or Coffee \$2.75

Iced Espresso (seasonal) \$2.50

Double Espresso \$3.00

Iced Cappuccino (seasonal) \$3.50

Double Cappuccino \$3.50

Iced Mocha (seasonal) \$3.50

Double Mocha \$4.00

\*Proudly serving New England Coffee since 1989

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## breakfast at the Bean

Saturday & Sunday 8:00 am - 12 noon

Be sure to check the specials board for some of our favorites—California Benedict, Fishcake Benedict, Seasonal Pancakes, Bangers & Mash, and more.

### BREAKFAST SPECIAL

Two eggs, English muffin and home fries with choice of bacon, ham, sausage or Canadian bacon \$9.00

### EGG SANDWICH

Served on an English muffin with choice of cheese and bacon, ham or Canadian bacon \$8.00

### PLAIN OR BLUEBERRY PANCAKES

With real maple syrup\* \$8.50 / \$9.50

### VANILLA/CINNAMON FRENCH TOAST

With real maple syrup\* \$9.50

### EGGS BENELECT

Two poached eggs with Canadian bacon on an English muffin topped with our hollandaise sauce; served with home fries \$10.00

### CHILI OMELET

Three-egg omelet made with chili, cheddar cheese and scallions; served with home fries, English muffin, sour cream and avocado \$10.00

### SCRAMBLED EGG BURRITO

Scrambled eggs with cheddar cheese, diced tomatoes and scallions, wrapped in a flour tortilla; served with home fries, sour cream, avocado and salsa \$10.00

### SIDES

Home Fries \$2.50

English Muffin \$1.50

Side of Bacon \$3.25

Side of Sausage \$3.25

Extra Real Maple Syrup\* \$2.50

\*Fab'van sugar Shack, North Grosvenordale, Connecticut

### don't see it on our menu?

Want it anyway? Just ask us—if we have it, we'll make it for you.

Thorough cooking of meats, poultry, shellfish and eggs reduces the risk of food-borne illness.



## beer & wine

We carry a wide selection of beer, from traditional brewers to microbrewers, from New England, the United States and the world—whatever catches our fancy.

Domestic Beer \$3.75 / Import & Specialty \$4.75

We update our wine selection two or three times a year, or whenever we like a wine enough to make it our house wine. We look for inexpensive wines with good character that will complement our offerings. Most wines are available by the glass or by the bottle. Prices subject to change.

Glass Prices from \$6.00 - \$10.00

Bottle Prices from \$20.00 - \$40.00

### outdoor patio

Relax with a glass of wine, enjoy the sunshine and dine al fresco on the patio. Our menu takes on all new dimensions when it moves outside. Fresh fish and other seasonally inspired grill delights appear in addition to our regular kitchen menu. The lunch or dinner specials are listed on the blackboard by the front entrance. Open from April through October, weather permitting.

### entertainment

The Café is on the National Folk Music Circuit and attracts talent from all over the United States, drawing mainly from New England performers. The majority of the shows are on Saturday evening and start at 8:00 pm. The Open Mic night is on the first Friday of each month. During the shows we separate our listening room from the tiled dining room and the kitchen with a theatre curtain. This helps keeps the music in and the kitchen noise out. The current music calendar is posted on our website.

### keep it local

Whenever possible, we support local businesses. We use products from the following Connecticut companies: Countryside Farms, Falls Creek Farm, Fort Hill Farm, Hamer & Sons Teas, Hosmer Mountain Soda, Fab'van Sugar Shack, Nodine's Smokehouse, Sharpe Hill Winery and local produce growers.

### café cash card

We offer the Café Cash Card. Inquire about using this convenient credit option for dining at The Vanilla Bean Café.

### about our prices

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Gift cards are available.

Mastercard, Visa, Discover & American Express are accepted.

The Vanilla Bean Café, Inc. 2011





## sandwiches

Choose either whole or half sandwich  
All sandwiches served with kettle chips & pickle.

- 1. VEGETARIAN WITH SWISS CHEESE** \$10.00 / \$6.50  
with lettuce, tomato, onion, sprouts, roasted red peppers, avocado spread and honey mustard on multigrain bread
- 2. HAM, SALAMI AND PROVOLONE** \$10.00 / \$6.50  
with mayo, roasted red peppers, onions, lettuce and garlic herb olive oil on focaccia
- 3. ALBACORE TUNA SALAD WRAP** \$10.00 / \$6.50  
with honey mustard, lettuce, sprouts, roasted red peppers rolled in a flour tortilla
- 4. ROAST BEEF AND CHEDDAR** \$10.00 / \$6.50  
with horseradish sour cream, baby arugula, tomato and onion on a bulkie roll
- 5. GRILLED PASTRAMI REUBEN** \$10.00 / \$6.50  
with Thousand Island dressing, sauerkraut and Swiss cheese on rye bread
- 6. CHICKEN SALAD** \$10.00 / \$6.50  
with lettuce, sprouts, tomato and honey mustard on multigrain bread
- 7. TURKEY AND AVOCADO** \$10.25 / \$6.50  
with sprouts, tomato, onion and honey mustard on whole wheat bread
- 8. TURKEY AND BACON** \$10.50 / \$7.00  
with lettuce, tomato and mayo on multigrain bread

## award winning chili

We make our own chili using a top secret, slow-cook method. Our spices are fully absorbed into the ingredients and become a part of the chili, rather than an afterthought. Try our vegetarian version, served as a special, or the traditional beef chili, both equally full flavored and topped with tortilla chips, grated cheddar cheese and chopped scallions.

**CUP \$4.75 / BOWL \$6.00**

## soup

Every day we have three or more homemade soups with the freshest ingredients available: seasonal soups, cold fruit and vegetable soups in the warmer months, and thick, hearty soups to warm you up when the thermometer plunges. Many of the soups served here are homemade, some are not, but all of them have our personal touch. In many cases you may not be able to tell the difference. If you wish to know which is which, just ask us.

**CUP \$3.75 / BOWL \$5.00**

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## ...or create your own sandwich

Let your taste buds and your stomach guide you:  
served with chips and a pickle.

- INSIDES**  
Maple Ham, Pastrami, Tuna Salad, Chicken Salad, Roast Beef or Organic Roast Turkey
- BREADS**  
White, Wheat, Multigrain, Rye, Pumpkinickel, Bulkie Roll or Focaccia
- CHEESES**  
American, Swiss, Cheddar or Provolone
- SPREADS**  
Hellman's Mayonnaise, Mustard, Honey Mustard, Golden's Spicy Mustard, Dijon Mustard, Garlic Herb Olive Oil, Horseradish Sour Cream
- VEGETABLES**  
Lettuce, Tomato, Onion, Sprouts, Roasted Red Peppers
- EXTRAS**  
Bacon \$-.75 / Avocado \$.50
- WHOLE SANDWICH** \$9.50  
**HALF SANDWICH** \$6.50  
**CUP OF SOUP & HALF SANDWICH** \$10.00  
**BOWL OF CHILI & HALF SANDWICH** \$12.00  
**CUP OF SOUP & SALAD** \$ 9.25

gluten free breads and wraps available  
Have any grill item over a Caesar salad or House Salad



## salads

- CAESAR SALAD** \$7.50 / \$5.50  
**GARDEN SALAD** \$7.50 / \$5.50  
**TUNA SALAD PLATE** \$10.50  
**CHICKEN SALAD PLATE** \$10.50  
**GRILLED CHICKEN CAESAR** \$10.50  
**GRILLED SHRIMP CAESAR** \$11.50
- gluten free brownies and cookies available

Proudly serving Hellman's® mayonnaise and Golden's® spicy mustard.



## from the grill

Available after 11:00 am daily. All of the grill sandwiches come with lettuce, tomato, onion, chips and a pickle.

- BASIC BURGER** \$9.25  
Lean beef served with lettuce, tomato and onion on a seeded roll
- CHEESEBURGER** \$9.75  
Lean beef served with lettuce, tomato and onion on a seeded roll with your choice of cheese
- VBC BURGER** (Vanilla bean Cafe Burger) \$10.50  
Our Basic Burger topped with bacon, smoked cheddar cheese and spicy ketchup
- TURKEY BURGER** \$10.00  
Organic ground turkey, very lean; seasoned and served on a seeded roll with spicy ketchup
- BUFFALO BURGER** \$12.00  
100% Buffalo, low in fat but full in flavor; served on a seeded roll with spicy ketchup
- LOCAL BEEF BURGER** \$11.00  
All natural local beef burger with spicy ketchup
- MARINATED CHICKEN** \$9.50  
Moist and delicious chicken marinated in a combination of lemon juice, balsamic vinegar, Dijon mustard and herbs; served on a bulkie roll with ranch dressing
- TERIYAKI CHICKEN** \$9.50  
Marinated in a teriyaki-ginger sauce, this is the staff favorite; served on a bulkie roll with honey mustard
- GARDEN BURGER\*** \$10.00  
A combination of vegetables and grains mixed with a special blend of seasonings; served on a multigrain roll with honey mustard
- BLACK BEAN BURGER** \$10.00  
A combination of black beans, vegetables and grains along with select spices; served on a multigrain roll with spicy ketchup
- HOT DOG** (Hebrew National<sup>®</sup>) \$5.50  
**CAJUN DOG** (Andouille sausage) \$6.50
- kids menu** all items \$4.50  
**PBJ** KIDS SANDWICH  
**HAMBURGER** HOT DOG  
**GRILLED CHEESE** CHICKEN FINGERS  
**MAC & CHEESE** CHEESE QUESADILLA

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## dinner at the Bean

In addition to our regular menu, the following selections are available after 5:00 pm.  
Closed Monday & Tuesday evenings.

- ROTINI PASTA WITH MARINARA** \$13.00  
**WITH SAUSAGE** \$16.00  
A large serving of our rotini pasta topped with our marinara sauce, served with small garden salad and asiago cheese bread
- TERIYAKI CHICKEN & VEGETABLES** \$16.00
- WITHOUT CHICKEN** \$13.00  
All white meat chicken with a selection of fresh vegetables served with our own teriyaki sauce over organic short grain brown rice
- SMOKED MOZZARELLA & BASIL RAVIOLI** \$18.00  
Unique gourmet ravioli topped with a tomato cream sauce and asparagus; served with asiago cheese bread
- BEAN BURRITO** \$13.00  
A combination of black beans, refried beans and vegetables wrapped in a flour tortilla and topped with salsa, cheese and sour cream

## specials

Each day we have five or more specials we list on the blackboard. Salad Plates, Sandwiches, Pastas, Sautés—we exercise our creativity with fresh ingredients and seasonal items and then try them out on you.

So if you see something on the blackboard and you're not sure what it is, just ask us: we want you to know, and we want you to try it. Our specials are posted daily on our web site [www.TheVanillaBeanCafe.com](http://www.TheVanillaBeanCafe.com).

## quiche

Whenever this delicious special is on the menu, it sells out by mid-afternoon. Made fresh every morning, we offer new combinations, such as Spinach Mushroom, Crabmeat or Vegetable, as well as the traditional Quiche Lorraine. All are served with fresh fruit and a side salad. Prices vary depending on ingredients.

## desserts

All of the desserts have to pass a strict quality control—our staff, our staff is overly knowledgeable about the dessert selection, and will gladly tell you about their favorites: Chocolate Mousse Cake, Bourbon Pecan, Tiramisu, Creme Brulee Cheesecake, Very Berry Tart, Key Lime Pie and the list goes on.  
Not to worry, we don't neglect the classic treats:

- Cookies** \$2.25  
**Brownies** \$2.50  
**Seven Layer Bars** \$2.75  
**Cakes** \$7.50  
**Sorter Rippena** \$7.50

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